



SEPTEMBER 2021

Saint Francis of Assisi School

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

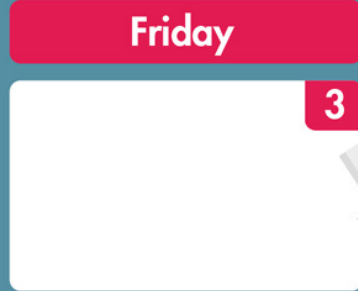
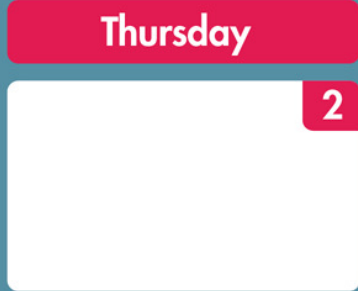
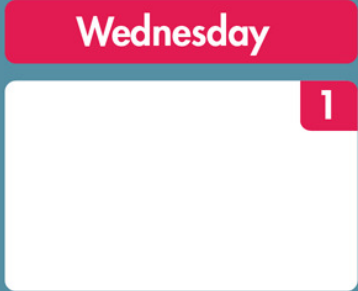
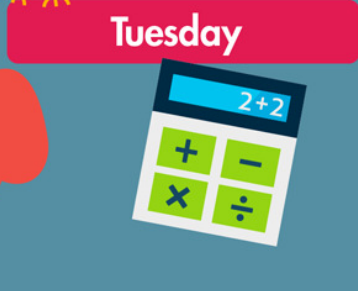
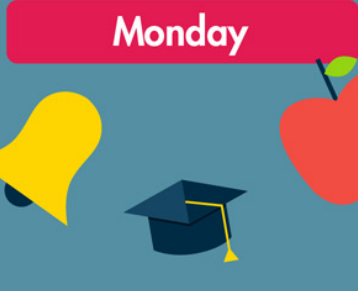
Monday

Tuesday

Wednesday

Thursday

Friday



6
NO SCHOOL
Labor Day

7
NO SCHOOL
Faculty/Staff
Work Day

8
369 Pillsbury Berry Blast
Mini French Toast
750 Apple Juice
659 Watermelon Craisins
Early Dismissal
11:00 A.M.

9
323 Apple Cinnamon
Muffin
749 Apple-Cherry Juice
645 Dole Pineapple Cup

10
334 Cinnamon Toast
Crunch Cereal
748 Grape Juice
684 Mixed Berry Applesauce

13
328 Chocolate Chip
Muffin
749 Apple-Cherry Juice
647 Dole Mandarin Orange
Cup

14
327 Pillsbury Maple Mini
Waffles
750 Apple Juice
645 Dole Pineapple Cup

15
319 Orange Cranberry
Muffin
752 Fruit Punch Juice
659 Watermelon Craisins

16
325 Cinnamon Chex Cup
748 Grape Juice
684 Mixed Berry Applesauce

17
329 Trix Cereal Bar
753 Orange Juice
691 Strawberry Apple Crisps

20
323 Apple Cinnamon
Muffin
752 Fruit Punch Juice
608 Dole Tropical Fruit Cup

21
369 Pillsbury Berry Blast
Mini French Toast
753 Orange Juice
658 Cherry Craisins

22
334 Cinnamon Toast
Crunch Cereal
749 Apple-Cherry Juice
690 Apple Crisps

23
321 Banana Muffin
750 Apple Juice
691 Strawberry Apple Crisps

24
329 Trix Cereal Bar
748 Grape Juice
659 Watermelon Craisins

27
325 Cinnamon Chex Cup
753 Orange Juice
658 Cherry Craisins

28
328 Chocolate Chip
Muffin
749 Apple-Cherry Juice
684 Mixed Berry Applesauce

29
366 Blueberry Bagel
752 Fruit Punch Juice
659 Watermelon Craisins

30
333 Blueberry Chex
Cereal
748 Grape Juice
645 Dole Pineapple Cup

1
358 Kellogg's Frosted
Flakes
750 Apple Juice
690 Apple Crisps

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.