

Elementary School Hot Lunch

SEPTEMBER 2026

"Keep shining with veggies and fruits!" - Skylar A. 5th Grade @ Ad Prima School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
7  HAPPY LABOR DAY	8 Faculty Professional Development Day NO SCHOOL	9 Welcome Back 1st – 8th Grade SFA Wolverines! Early Dismissal @ 11:00 A.M. NO HOT LUNCH	10 208 Mini Corn Dogs 611 Bagged Baby Carrots 623 Tater Tots 659 Watermelon Craisins	11 Patriot Day 264 4x6 Cheese Pizza V 628 Broccoli 670 Fresh Fruit 
14 Welcome Back Pre-K & Kindergarten SFA Wolverines! 480 Kolache OR 623 Tater Tots 541 Chocolate Hummus 642 Orange Burst Raisels 932 Cinnamon Scooby Snacks	15 281 Popcorn Chicken w. Roasted Potatoes 632 Wango Mango Vegetable Juice 670 Fresh Fruit 928 Goldfish Pretzels National Hoagie Day 	16 200 Hamburger OR 201 Cheeseburger OR 242 Chicken, Turkey Ham & Cheese Wedge 611 Bagged Baby Carrots 543 Red Pepper Hummus 610 Dole Papaya Mango Fruit Cup	17 220 Hot Dog & 906 Hot Dog Buns 706 Spinach Salad with Tomatoes 682 Bananas 928 Goldfish Pretzels 932 Cinnamon Scooby Snacks Back to School/Curriculum Night beginning at 6:00 P.M. in Church	18 8:30 A.M. SFA School 100th Anniversary Opening Mass with Bishop Chylinski 225 Ciabatta Cheese Melt V 620 Salsa Cup 634 Ruby Rusher Vegetable Juice 694 Kiwi Strawberry Sidekick
21 286 Penne with Meatsauce & Cheese Vegetables 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 909 Dinner Rolls	22 203 Mini Pepperoni Calzone 623 Tater Tots 611 Bagged Baby Carrots 752 Fruit Punch Juice	23 215 Taco Stick OR 221 Two Cheese Chicken Quesadilla 620 Salsa 140 Fiesta Bean Dip 697 Bagged Apple Slices 941 Tostitos Scoops	24 204 Chicken Nuggets 708 Spinach Salad with Chickpeas 641 Tropical Raisels 931 Bug Bites  National Teddy Bear Day	25 256 Cheese Stuffed Breadsticks V 622 Marinara Sauce 631 Cherry Star Vegetable Juice 668 Orange Mango Applesauce
28 205 Popcorn Chicken & 939 Heartzel Pretzels 702 Potato Smiles 749 Apple Cherry Juice	29 480 Kolache & 931 Bug Bites 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 670 Fresh Fruit	30 209 Taco Meat 620 Salsa Cup 140 Fiesta Bean Dip 645 Dole Pineapple Cup 941 Tostitos Scoops	1 206 French Toast with Sausage 706 Spinach Salad with Tomatoes 648 Strawberry Gello Cup	2 257 Mozzarella Sticks V 622 Marinara Sauce 632 Wango Mango Vegetable Juice 659 Watermelon Craisins

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

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Dear Parents, Caregivers, & Students,

We hope your summer was filled with fun, rest, and unforgettable memories. As we kick off a brand-new school year, NDS is thrilled to welcome back all staff, students, and families!

A healthy mind starts with a healthy meal, so be sure to fuel your success with a nutritious start! Stop by your lunchroom each morning for a nutritious and delicious breakfast that helps support focus, energy, and academic success. Then join us again at lunchtime for a well-balanced meal to keep you energized throughout the day.

Let's make this school year one to remember, filled with learning, growth, achievement, and great experiences. Here's to a happy, healthy, and successful start to the year!

Why did the pencil go to school?

To become a little sharper!



Set a Goal and Shine!

As we start a new school year, it's the perfect time to set some goals! Draw a star, because that's what you are! In the middle of your star, write something you'd like to achieve this school year.

Your goal could be:

- Reading more books 
- Trying new foods 
- Eating more vegetables 
- Making a new friend 
- Learning a new skill 



Once you've finished decorating your star, share it with your friends and talk about your goals together. Let's encourage each other and make this our best year yet!

All About ME

The start of a new school year is the perfect time to share a little about yourself! Fill in the blanks below and let your classmates get to know the amazing person you are:

My name is: _____

I am _____ years old.

My favorite food is: _____

My favorite book is: _____

This school year, I want to learn: _____

My favorite NDS lunch is: _____

One thing I'm really good at is: _____

My favorite NDS breakfast is: _____

Something that makes me unique is: _____

My favorite Month is: _____



School Supplies Word Search

PENCIL ERASER
CRAYONS NOTEBOOK
SCISSORS RULER
BACKPACK MARKERS
PAPER GLUESTICK

S	P	S	E	G	R	R	A	R	R	E	S	S	E
I	P	K	N	R	C	O	A	R	P	C	C	P	K
K	E	A	O	O	C	I	E	R	A	S	E	R	L
R	K	P	T	M	A	R	K	E	R	S	S	R	K
U	S	C	E	I	S	N	R	S	A	R	S	B	A
C	S	A	B	A	N	R	R	C	R	E	C	A	S
R	P	R	O	M	S	E	A	I	U	L	A	C	M
R	R	E	O	E	R	S	R	S	O	U	S	K	T
C	A	P	K	S	K	T	P	S	I	R	N	P	P
L	I	C	N	E	P	N	R	O	R	E	P	A	P
O	A	E	A	R	N	S	R	R	U	S	R	C	E
E	O	B	G	A	S	S	E	S	R	B	E	K	B
A	R	N	E	G	L	U	E	S	T	I	C	K	S
P	C	R	A	Y	O	N	S	C	I	A	O	O	K

Back to School Trivia!

Erasers were first made out of?

Bread!

