

Saint Francis of Assisi School

CARES Snack Calendar

September 2023

Please remember that the Menu is subject to change based on weather and availability from Nutritional Development Services (NDS).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
Water is offered every day for students. We have filtered refilling water bottle stations.					1	2																																																																																				
3	4 Labor Day NO SCHOOL	5 NO SCHOOL Faculty Professional Development Day	6 NO CARES Early Dismissal Day	7 Cold Supper Chicken, Turkey Ham, & Two Cheese Wedge Sandwich Cherry Star Vegetable Juice Fresh Fruit Milk - Variety	8 Snack Pretzel Goldfish Apple Juice	9																																																																																				
10 Grandparents Day	11 Snack Patriot Day Cinnamon Graham Crackers Orange Juice	12 Snack Sport Grahams Strawberry Banana Yogurt Water	13 Cold Supper Italian Combo Wrap Cherry Star Vegetable Juice Fresh Fruit Milk - Variety	14 Snack Wheat Crackers Mozzarella Cheese Stick Water	15 Cold Supper Mozzarella String Cheese Sunflower Kernels Mixed Berry Applesauce Blueberry Chex Cereal Milk - Variety	16 Rosh Hashanah																																																																																				
17 Constitution Day	18 Cold Supper Turkey & Two Cheese Wedge Sandwich Sunset Sip Vegetable Juice Fresh Fruit Milk - Variety	19 Snack Cheddar Goldfish Fruit Juice	20 Cold Supper BBQ Turkey Stick Pumpkin Seeds Baby Carrots Pack Dole Tropical Fruit Cup Blueberry Muffin & Milk	21 Cold Supper Strawberry Banana Yogurt Sunflower Kernels Cherry Star Vegetable Juice Cinnamon Toast Crunch Cereal Fresh Fruit & Milk - Variety	22 Snack Vanilla Bear Grahams Grape Juice	23 Autumnal Equinox Happy Fall!																																																																																				
24	25 Cold Supper Mozzarella String Cheese Red Pepper Hummus Baby Carrots Pack Mixed Berry Applesauce Pretzels & Milk - Variety	26 Snack Cinnamon Graham Crackers Colby Jack Cheese Stick	27 Cold Supper Italian Combo Wrap Baby Carrots Pack Fresh Fruit Milk - Variety	28 Snack Apple Cinnamon Bear Grahams Blueberry Yogurt Water	29 Cold Supper Mozzarella String Cheese Sunflower Kernels Cherry Star Vegetable Juice Cinnamon Chex Cereal Fresh Fruit & Milk - Variety	30																																																																																				
		<p style="text-align: center;">August '23</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td> </tr> <tr> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> </tr> <tr> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> </tr> <tr> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td> </tr> <tr> <td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td> </tr> </tbody> </table>		S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			<p style="text-align: center;">October '23</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td> </tr> <tr> <td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td> </tr> <tr> <td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td> </tr> <tr> <td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td> </tr> <tr> <td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>		S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
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