

# Saint Francis of Assisi School

## CARES Snack Calendar

CARES begins on Thursday, September 8, 2022.  
Please remember that the Menu is subject to change based on weather and availability from Nutritional Development Services (NDS).

# September 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																																																																																											
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<b>5</b> Labor Day <b>NO SCHOOL</b>	<b>6</b> <b>NO SCHOOL</b> <b>Faculty Professional Development Day</b>	<b>7</b> <b>Early Dismissal 11:00 A.M.</b> <b>NO CARES</b>	<b>8</b> Snack Vanilla Bear Graham Peach Yogurt Water	<b>9</b> Snack Goldfish Pretzel Colby Jack Cheese Water	<b>10</b>	<b>11</b> Patriot Day Grandparents' Day																																																																																											
<b>12</b> Snack Sports Grahams Fruit Juice	<b>13</b> Cold Supper Peach Yogurt, Granola Raisins Vegetable Juice & Milk OR Goldfish Pretzel String Cheese	<b>14</b> Cold Supper Wedge Sandwich Carrots, Raisins Milk OR Crackers, Grape Juice	<b>15</b> Cold Supper Cheddar Cups, Fruit Vegetable Juice & Milk Garden Salsa Chips OR Crackers Cherry Vanilla Yogurt	<b>16</b> Cold Supper Colby Jack Cheese Fresh Fruit Vegetable Juice Honey Bunches Cereal Sunflower Kernels & Milk	<b>17</b> Constitution Day	<b>18</b>																																																																																											
<b>19</b> Snack Vanilla Graham Crackers Apple Juice	<b>20</b> Cold Supper Strawberry Banana Yogurt Sunflower Kernels Fresh Fruit Vegetable Juice & Milk Cinnamon Toast Crunch Cereal	<b>21</b> Cold Supper Wedge Sandwich Baby Carrots Fresh Fruit & Milk OR Crackers Fruit Juice	<b>22</b> Cold Supper BBQ Turkey Stick Vegetable Juice & Milk Fresh Fruit, Goldfish OR Crackers Blueberry Yogurt	<b>23</b> Cold Supper Cheddar Cup, Applesauce Multigrain Sunchips Vegetable Juice & Milk OR Goldfish Pretzel String Cheese	<b>24</b>	<b>25</b>																																																																																											
<b>26</b> Snack Cheddar Goldfish Apple Juice	<b>27</b> Cold Supper Blueberry Yogurt, Granola Vegetable Juice & Milk Raisins OR Crackers String Cheese	<b>28</b> Cold Supper Wedge Sandwich Carrots, Fresh Fruit Milk OR Crackers Grape Juice	<b>29</b> Cold Supper Cheddar Cups, Fresh Fruit Vegetable Juice & Milk Garden Salsa Chips OR Strawberry Banana Yogurt Crackers	<b>30</b> Cold Supper Colby Jack String Cheese Vegetable Juice & Fresh Fruit Cinnamon Chex Cereal Milk OR Snack Inventory																																																																																													
		<p style="text-align: center;"><b>August '22</b></p> <table border="1"> <thead> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> <tr> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> </tr> <tr> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> </tr> <tr> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> </tr> <tr> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		M	T	W	T	F	S	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<p style="text-align: center;"><b>October '22</b></p> <table border="1"> <thead> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> </tr> <tr> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> </tr> <tr> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> </tr> <tr> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> </tr> <tr> <td>31</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
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