

Elementary School Breakfast Menu

September 2026

"Keep shining with veggies and fruits!" - Skylar A. 5th Grade @ Ad Prima School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily. condiments offered daily. fruit & vegetable juices are 100% juice. grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
7 	8 Faculty Professional Development Day NO SCHOOL	9 Welcome Back 1st – 8th Grade SFA Wolverines! 367 Cinnamon Raisin Bagel OR 317 Confetti Mini Pancakes 750 Apple Juice 670 Fresh Fruit Early Dismissal @ 11:00 A.M.	10 334 Cinnamon Toast Crunch Cereal OR 317 Confetti Mini Pancakes 747 Orange Citrus Juice	11 Patriot Day 365 Mini Cinni Caramel Pull-A-Part OR 314 Chocolate Swirl  752 Fruit Punch Juice 689 Strawberry Applesauce
14 Welcome Back Pre-K & Kindergarten SFA Wolverines! 318 Cinnamon Mini Waffles OR 314 Chocolate Swirl 748 Grape Juice 657 Strawberry Craisins	15 324 Cocoa Puffs Cereal OR 368 Plain Bagel  National Hoagie Day 670 Fresh Fruit 753 Orange Juice	16 358 Proffitz Pancake Bites OR 372 Lemon Bread Slice 749 Apple Cherry Juice 648 Strawberry Gello Cups	17 321 Banana Muffin OR 333 Blueberry Chex Cereal 750 Apple Juice 670 Fresh Fruit Back to School/Curriculum Night beginning at 6:00 P.M. in Church	18 8:30 A.M. SFA School 100th Anniversary Opening Mass with Bishop Chylinski 370 Cinnamon Toast Mini French Toast OR 358 Proffitz Pancake Bites 747 Orange Citrus Juice 641 Tropical Raisels
21 369 Trix French Toast OR 312 Froot Loops Cereal Pouch 670 Fresh Fruit 752 Fruit Punch Juice	22 323 Apple Cinnamon Muffin OR 316 Maple Mini Pancakes 748 Grape Juice 654 Raspberry Lemonade Craisins	23 366 Blueberry Bagel OR 333 Blueberry Chex Cereal 753 Orange Juice 670 Fresh Fruit	24 325 Cinnamon Chex Cereal OR 324 Cocoa Puffs Cereal  National Teddy Bear Day 749 Apple Cherry Juice 697 Bagged Apple Slices	25 328 Chocolate Chip Muffin OR 334 Cinnamon Toast Crunch Cereal 750 Apple Juice 670 Fresh Fruit
28 333 Blueberry Chex Cereal OR 317 Confetti Mini Pancakes 747 Orange Citrus Juice 688 Orange Mango Applesauce	29 314 Chocolate Swirl OR 351 Cinnamon Toast Crunch Bar 752 Fruit Punch Juice 670 Fresh Fruit	30 322 Blueberry Muffin OR 306 Apple Baked Frudel 654 Raspberry Lemonade Craisins 748 Grape Juice Alt:	1 367 Cinnamon Raisin Bagel OR 370 Cinnamon Toast Crunch Mini French Toast 670 Fresh Fruit 753 Orange Juice	2 320 Corn Muffin OR 364 Mini Cini Pull-A-Part 749 Apple Cherry Juice 670 Fresh Fruit OR 682 Bananas

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

SEPTEMBER

2026

Dear Parents, Caregivers, & Students,

We hope your summer was filled with fun, rest, and unforgettable memories. As we kick off a brand-new school year, NDS is thrilled to welcome back all staff, students, and families!

A healthy mind starts with a healthy meal, so be sure to fuel your success with a nutritious start! Stop by your lunchroom each morning for a nutritious and delicious breakfast that helps support focus, energy, and academic success. Then join us again at lunchtime for a well-balanced meal to keep you energized throughout the day.

Let's make this school year one to remember, filled with learning, growth, achievement, and great experiences. Here's to a happy, healthy, and successful start to the year!

Why did the pencil go to school?

To become a little sharper!



Set a Goal and Shine!

As we start a new school year, it's the perfect time to set some goals! Draw a star, because that's what you are! In the middle of your star, write something you'd like to achieve this school year.

Your goal could be:

- Reading more books 
- Trying new foods 
- Eating more vegetables 
- Making a new friend 
- Learning a new skill 



Once you've finished decorating your star, share it with your friends and talk about your goals together. Let's encourage each other and make this our best year yet!

All About ME

The start of a new school year is the perfect time to share a little about yourself! Fill in the blanks below and let your classmates get to know the amazing person you are:

My name is: _____

I am _____ years old.

My favorite food is: _____

My favorite book is: _____

This school year, I want to learn: _____

My favorite NDS lunch is: _____

One thing I'm really good at is: _____

My favorite NDS breakfast is: _____

Something that makes me unique is: _____

My favorite Month is: _____

School Supplies Word Search

PENCIL
CRAYONS
SCISSORS
BACKPACK
PAPER

ERASER
NOTEBOOK
RULER
MARKERS
GLUESTICK

S	P	S	E	G	R	R	A	R	R	E	S	S	E
I	P	K	N	R	C	O	A	R	P	C	C	P	K
K	E	A	O	O	C	I	E	R	A	S	E	R	L
R	K	P	T	M	A	R	K	E	R	S	S	R	K
U	S	C	E	I	S	N	R	S	A	R	S	B	A
C	S	A	B	A	N	R	R	C	R	E	C	A	S
R	P	R	O	M	S	E	A	I	U	L	A	C	M
R	R	E	O	E	R	S	R	S	O	U	S	K	T
C	A	P	K	S	K	T	P	S	I	R	N	P	P
L	I	C	N	E	P	N	R	O	R	E	P	A	P
O	A	E	A	R	N	S	R	R	U	S	R	C	E
E	O	B	G	A	S	S	E	S	R	B	E	K	B
A	R	N	E	G	L	U	E	S	T	I	C	K	S
P	C	R	A	Y	O	N	S	C	I	A	O	O	K

Back to School Trivia!

Erasers were first made out of?

Bread!

