



BREAKFAST



SEPTEMBER 2022

Saint Francis of Assisi School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
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29

30

31

1

2

5

**NO SCHOOL
Labor Day**

6

**No School
Faculty
Professional
Development Day**

7

369 Pillsbury Berry Blast
Mini French Toast
750 Apple Juice
670 Fresh Fruit
**Early Dismissal
11:00 A.M.**

8

323 Apple Cinnamon Muffin
749 Apple Cherry Juice
645 Dole Pineapple Cup

9

324 Cocoa Puffs Cereal (NEW)
748 Grape Juice
670 Fresh Fruit

12

328 Chocolate Chip Muffin
749 Apple Cherry Juice
670 Fresh Fruit

13

327 Pillsbury Maple Mini Waffles
750 Apple Juice
697 Bagged Apple Slices

14

387 Fruit Loops Breakfast Kit

15

359 Honey Scooters
748 Grape Juice
670 Fresh Fruit

16

329 Trix Cereal Bar
OR
922 Granola with Cinnamon &
136 Vanilla Yogurt
753 Orange Juice
691 Strawberry Apple Crisps

19

325 Cinnamon Chex Cup
753 Orange Cup
647 Dole Mandarin Oranges

20

328 Chocolate Chip Muffin
749 Apple Cherry Juice
670 Fresh Fruit

21

366 Blueberry Bagel
752 Fruit Punch Juice
659 Watermelon Craisins

22

324 Cocoa Puffs Cereal
OR
922 Granola with Cinnamon &
137 Peach Yogurt
748 Grape Juice
670 Fresh Fruit

23

319 Orange Cranberry Muffin
750 Apple Juice
690 Apple Crisps

26

368 Plain Bagel
752 Fruit Punch Juice
609 Dole Mixed Fruit Cup

27

322 Blueberry Muffin
753 Orange Juice
690 Apple Crisps

28

369 Pillsbury Berry Blast
Mini French Toast
OR
922 Granola with Cinnamon &
138 Blueberry Yogurt
750 Apple Juice
670 Fresh Fruit

29

323 Apple Cinnamon Muffin
749 Apple Cherry Juice
670 Fresh Fruit

30

334 Cinnamon Toast Crunch Cereal
748 Grape Juice
658 Cherry Craisins

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.