

# Saint Francis of Assisi School

## CARES Snack Calendar

# September 2025

Please remember that the Menu is subject to change based on weather and availability from Nutritional Development Services (NDS).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																			
	<b>1</b> Labor Day <b>NO SCHOOL</b>	<b>2</b> <b>Faculty Professional Development Day</b>	<b>3</b> NO CARES <b>Welcome Back 1st - 8th Grades! Early Dismissal Day 11:00 A.M.</b>	<b>4</b> Cold Supper Cheddar Cheese Cup Pumpkin Seeds Spinach Salad with Tomatoes Garden Salsa Chips Fresh Fruit & Milk Variety	<b>5</b> Cold Supper Colby Jack Cheese Stick Sunflower Kernels Ruby Rusher Vegetable Juice Blueberry Chex Cereal Strawberry Gel Cup & Milk Variety	<b>6</b>																																																																																																			
<b>7</b> Grandparents Day	<b>8</b> Cold Supper Chicken, Turkey Ham, & Cheese Wedge Sandwich Dragon Punch Vegetable Juice Bagged Apple Slices Milk	<b>9</b> Cold Supper Cheddar Cheese Cup Sunflower Kernels Salsa Cup Multigrain Sunchips Fresh Fruit & Milk Variety	<b>10</b> Snack Cheddar Goldfish Mozzarella String Cheese Water	<b>11</b> Patriot Day Strawberry Banana Yogurt Sunflower Kernels Cherry Star Vegetable Juice Cinnamon Toast Crunch Cereal Fresh Fruit & Milk Variety	<b>12</b> Snack Cheez-Its Fruit Punch Juice Water	<b>13</b>																																																																																																			
<b>14</b>	<b>15</b> Cold Supper Blueberry Yogurt Sunflower Kernels Wango Mango Vegetable Juice Granola with Cinnamon Bagged Apple Slices & Milk Variety	<b>16</b> Cold Supper Mozzarella String Cheese Red Pepper Hummus Bagged Baby Carrots Applesauce Pretzels & Milk Variety	<b>17</b> Constitution Day All Sports Grahams Colby Jack Cheese Water	<b>18</b> Cold Supper Cheddar Cheese Cup Pumpkin Seeds Spinach Salad with Chickpeas Harvest Cheddar Sunchips Fresh Fruit & Milk Variety	<b>19</b> Cold Supper Colby Jack Cheese Stick Sunflower Kernels Sunset Sip Vegetable Juice Corn Chex Cereal Fresh Fruit & Milk Variety	<b>20</b>																																																																																																			
<b>21</b>	<b>22</b> Autumnal eq. (GMT) Colby Jack Cheese Stick Garlic Hummus Bagged Baby Carrots Pretzels Fresh Fruit & Milk Variety	<b>23</b> Rosh Hashanah Vanilla Bear Grahams Orange Juice Water	<b>24</b> Cold Supper Turkey Stick Mozzarella String Cheese Celery Sticks Cinnamon Bug Bites Fresh Fruit & Milk Variety	<b>25</b> Snack Cheddar Goldfish Mozzarella String Cheese Water	<b>26</b> Snack Graham Crackers WOW Butter Cup Apple Cherry Juice Water	<b>27</b>																																																																																																			
<b>28</b>	<b>29</b> <b>MENU COMING SOON</b>	<b>30</b> <b>MENU COMING SOON</b>																																																																																																							
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