SFA School Hot Lunch





Nutritional Development Services-Archdiocese of Philadelphia 222 N 17th St. Philadelphia, PA 19103 215-895-3470, option 1 NDSSchoolLunchProgram

SchoolMealsNDS

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Slogan Winner- " Let's Eat Healthy together & get everyone's bones strong!"-By Kennedy A., grade 4, St. Peter the Apostle

PA Harvest of the Month for February: Mushrooms!



February is American Heart Month- Take time this month to learn about the importance of a healthy heart and actions you can take to live a heart healthy life.



Menu is subject to change: A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, & all items are pork-free. V= Vegetarian

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
281 Popcorn Chicken with Roasted Potatoes	284 Chicken Alfredo with Penne Pasta & Broccoli & 903 Maple Biscuit	215 Taco Stick 632 Wango Mango Vegetable	272 Buffalo Chicken Calzone 706 Romaine Salad with Cherry	208 Mini Corn Dog 603 Baked Beans
611 Bagged Baby Carrots 670 Fresh Fruit 929 Chocolate Dino Bites NEW	630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie or Kiwi Strawberry Sidekick Water Ice	Juice 620 Salsa 658 Cherry Craisins 941 Tostitos Scoops	Tomatoes 670 Fresh Fruit	631 Cherry Star Vegetable Juice 608 Dole Tropical Fruit Cup 934 Cinnamon Dino Bites
12	13	14	15	16
228 Turkey Ham & Cheese Sub	<mark>SNOW</mark>	269 Pizza Calzone <i>V</i> & 622 Marinara	205 Popcorn Chicken & 623 Tater Tots	261 Soy Butter & Jelly Sandwich V
Cherry Star Vegetable Juice 620 Salsa Dole Fruit Cup 941 Tostitos Scoops	DAY Menu	632 Wango Mango Vegetable Juice 686 Sweet Heart Cherry Rosati Ice 993 Heart Cookie	708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit <mark>V</mark> anilla Dino Bite <mark>s</mark>	611 Bagged Baby Carrots Cheesy Pizza Hummus 657 Strawberry Craisins 753 Orange Juice
	Revised	Valentine's Day Ash Wednesday		
19	20	21	22	23
Presidents'	207 Cheese Ravioli V & 624 Green Beans	209 Taco Meat 625 Corn	264 4x6 Cheese Pizza V 620 Salsa	225 Ciabatta Melt <i>V</i> 611 Bagged Baby Carrots
Day	633 Sunset Sip Vegetable Juice 670 Fresh Fruit 903 Maple Biscuit	<mark>620 Salsa</mark> <mark>647 Dole Mandarin Oranges</mark> 941 Tostitos Scoops	670 Fresh Fruit 941 Tostitos Scoops	543 Red Pepper Hummus 752 Fruit Punch Juice
NO				
SCHOOL				
26 203 Mini Pepperoni	27 280 Hamburgar with Croop	28 257 Mozzarella Sticks & 622	29 215 Taco Stick	1 264 4x6 Cheese Pizza V
Calzones	280 Hamburger with Green Beans	Marinara Sauce	215 1 aco Suck	204 4X0 Ulleese rizza V
& 623 Tater Tots	& 915 Hamburger Bun		620 Salsa	706 Romaine Salad with
611 Bagged Baby Carrots <mark>649 Orange Gello Bowl</mark> 929 Chocolate Tiger Bites NEW	603 Baked Beans 695 Strawberry & Mango Sidekick	632 Wango Mango Vegetable Juice 749 Apple Cherry Juice 929 Chocolate Tiger Bites	630 Dragon Punch Vegetable Juice 682 Banana 941 Tostitos Scoops	Cherry Tomatoes 670 Fresh Fruit
	National Strawberry Day			

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.