



BREAKFAST



OCTOBER 2021

Saint Francis of Assisi School

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

Tuesday

Wednesday

Thursday

Friday

333 Blueberry Chex Cereal **4**
752 Fruit Punch Juice
608 Dole Tropical Fruit Cup

369 Pillsbury Berry Blast Mini French Toast **5**
753 Orange Juice
658 Cherry Craisins

334 Cinnamon Toast Crunch Cereal **6**
749 Apple-Cherry Juice
645 Dole Pineapple Cup

313 Rebel Apple Delight Crumble **7**
750 Apple Juice
691 Strawberry Apple Crisps



329 Trix Cereal Bar **8**
748 Grape Juice
684 Mixed Berry Applesauce

325 Cinnamon Chex Cup **11**
753 Orange Juice
608 Dole Tropical Fruit Cup

328 Chocolate Chip Muffin **12**
749 Apple-Cherry Juice
684 Mixed Berry Applesauce

366 Blueberry Bagel **13**
752 Fruit Punch Juice
659 Watermelon Craisins

333 Blueberry Chex Cereal **14**
748 Grape Juice
684 Mixed Berry Applesauce

319 Orange Cranberry Muffin **15**
750 Apple Juice
690 Apple Crisps

359 Honey Scooters Cereal **18**
752 Fruit Punch Juice
609 Dole Mixed Fruit Cup

322 Blueberry Muffin **19**
753 Orange Juice
690 Apple Crisps

369 Pillsbury Berry Blast Mini French Toast **20**
750 Apple Juice
659 Watermelon Craisins

323 Apple Cinnamon Muffin **21**
749 Apple-Cherry Juice
645 Dole Pineapple Cup

334 Cinnamon Toast Crunch Cereal **22**
748 Grape Juice
684 Mixed Berry Applesauce

328 Chocolate Chip Muffin **25**
749 Apple-Cherry Juice
647 Dole Mandarin Orange Cup

327 Pillsbury Maple Mini Waffles **26**
750 Apple Juice
645 Dole Pineapple Cup

319 Orange Cranberry Muffin **27**
752 Fruit Punch Juice
659 Watermelon Craisins

359 Honey Scooters Cereal **28**
748 Grape Juice
684 Mixed Berry Applesauce

329 Trix Cereal Bar **29**
753 Orange Juice
691 Strawberry Apple Crisps



PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.