

ELEMENTARY SCHOOL

OCTOBER 2026

HOT LUNCH MENU



ADMIT ONE

No : 01234

"LUNCH: Your shortcut to happy taste buds"
Charlotte M. 6 Grade @ Nazareth Academy

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
5 263 5" Round Cheese Pizza V OR 256 Cheese Stuffed Breadsticks V 622 Marinara Sauce 632 Wango Mango Vegetable Juice 670 Fresh Fruit	6 208 Mini Corn Dogs  623 Tater Tots 620 Salsa Cup 658 Cherry Craisins 941 Tostitos Scoops	7 225 Ciabatta Cheese Melt V 611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit	8 254 BBQ Rib Sandwich 708 Spinach Salad with Tomatoes 749 Apple Cherry Juice	9 256 Cheese Stuffed Breadsticks V 622 Marinara Sauce 634 Ruby Rusher Vegetable Juice 641 Tropical Raisels
12 215 Beef Taco Stick OR 221 Two Cheese Chicken Quesadilla  620 Salsa Cup 140 Fiesta Bean Dip 670 Fresh Fruit 941 Tostitos Scoops	13 203 Mini Pepperoni Calzone 611 Bagged Baby Carrots 543 Red Pepper Hummus 659 Watermelon Craisins 928 Goldfish Pretzels	14 205 Popcorn Chicken  623 Tater Tots 630 Dragon Punch Vegetable Juice 641 Tropical Raisels 934 Dino Bites	15 264 4x6 Cheese Pizza V 708 Spinach Salad with Tomatoes 749 Apple Cherry Juice	16 206 French Toast with Sausage 623 Tater Tots 634 Ruby Rusher Vegetable Juice 670 Fresh Fruit 934 Dino Bites
19 224 Meatballs with Elbow Noodles & Sauce 632 Wango Mango Vegetable Juice 670 Fresh Fruit 901 Honey Biscuits	20 209 Taco Meat 620 Salsa Cup 140 Fiesta Bean Dip 752 Fruit Punch Juice 941 Tostitos Scoops	21 257 Mozzarella Stick V  622 Marinara Sauce 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples	22 Early Dismissal @ 11:00 A.M. Parent/Teacher Conferences	23 Parent/Teacher Conferences NO SCHOOL
26 220 Hot Dog & 906 Hot Dog Buns 623 Tater Tots 541 Chocolate Hummus 643 Grape Raisels 932 Cinnamon Scooby Snacks	27 281 Popcorn Chicken with Roasted Potatoes 632 Wango Mango Vegetable Juice 670 Fresh Fruit 928 Pretzel Goldfish	28 200 Hamburger OR 201 Cheeseburger 611 Bagged Baby Carrots 543 Red Pepper Hummus 610 Dole Papaya Mango Fruit Cup	29 480 Kolache 706 Spinach Salad with Tomatoes 670 Fresh Fruit OR 682 Bananas	30 225 Ciabatta Cheese Melt V  622 Marinara Sauce 634 Ruby Rusher Vegetable Juice 687 Rosati "Chillin Bat" Ice 993 Halloween Crackers

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

OCTOBER 2026



NATIONAL SCHOOL LUNCH WEEK

Get ready for a spectacular week of fun! National School Lunch Week will be celebrated October 12-16! This year's theme is "Cafeteria Circus: Where Nutrition Takes Center Stage!" The theme recognizes the incredible work of school nutrition professionals who help fuel student success every day. We are excited to celebrate National School Lunch Week with everyone at school and shine a spotlight on the healthy, delicious meals served in our cafeterias.

NDS will be hosting a Placemat Design Contest and a Slogan Contest with prizes for the winners! Be sure to watch for more information and start thinking about your best circus-themed ideas.

Make sure to grab a balanced lunch!



ALL ABOARD THE CIRCUS TRAIN!

Hop aboard and create a circus train that's almost too fun to eat!

Ingredients:

- Peanut butter
- Bananas
- Animal Crackers
- Peanut Butter Sandwich Crackers

Instructions:

- Cut your bananas
- Insert your animal crackers gently into the banana and push down
- Use a dab of peanut butter on the outside of your peanut butter crackers and push into the sides of the banana- these are your four wheels!



THIS OR THAT

Big top fun awaits, but you can only pick one. Which will you choose?

Clown or Magician



Ringmaster or Acrobat



Cotton Candy or Popcorn



Trapeze Artist or Lion Tamer



CLOWNING AROUND

What is a circus performer's favorite subject in school?
Juggling numbers!

Why did the clown throw his clock out of the window?
He wanted to see time fly!

Why did the clown go to the doctor?

Because he was feeling a little funny!

Why did the clown go to school?
To improve his funny business!

Why don't elephants use computers at the circus?

They're afraid of the mouse!

