

Saint Francis of Assisi School

CARES Snack Calendar

October 2023

Please remember that the Menu is subject to change based on weather and availability from Nutritional Development Services (NDS).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																					
1 Water is offered every day for students. We have filtered refilling water bottle stations.	2 <i>Snack</i> Tiger Bite Grahams NEW ITEM Apple Cherry Juice	3 <i>Snack</i> Harvest Cheddar Sunchips Mozzarella String Cheese Water	4 <i>Cold Supper</i> Smokehouse Turkey Stick Mozzarella String Cheese Baby Carrots Apple Cinnamon Muffin Fresh Fruit & Milk	5 <i>Cold Supper</i> Turkey Ham & Two Cheese Wedge Sandwich Cherry Star Vegetable Juice Dole Mixed Fruit Cup Milk Variety	6 <i>Snack</i> Pretzel Goldfish Apple Juice	7																																																																																					
8	9 <i>Columbus Day</i> Faculty Professional Development Day NO SCHOOL	10 <i>Cold Supper</i> Mozzarella String Cheese Red Pepper Hummus Baby Carrots Pack Applesauce Cup Pretzels & Milk Variety	11 <i>Snack</i> Apple Cinnamon Bear Grahams Grape Juice	12 <i>Cold Supper</i> Cheddar Cheese Cup Pumpkin Seeds Romaine & Spinach Salad Garden Salsa Sunchips Fresh Fruit & Milk Variety	13 <i>Snack</i> Scooby Snacks WOW Butter Cups Apple Cherry Juice	14																																																																																					
15	16 <i>Snack</i> Bug Bite Grahams NEW ITEM Colby Jack Cheesestick Water	17 <i>Cold Supper</i> Cheddar Cheese Cup Sunflower Kernels Salsa Cup Bagged Apple Slices Sunchips & Milk Variety	18 <i>Snack</i> Cheez-its Cherry Vanilla Yogurt Water	19 <i>Cold Supper</i> Strawberry Banana Yogurt Sunflower Kernels Dragon Punch Vegetable Juice Cinnamon Toast Crunch Cereal Fresh Fruit & Milk Variety	20 <i>Cold Supper</i> String Cheese Cheesy Pizza Hummus Bagged Carrots Applesauce Cup Tostitos Scoops & Milk Variety	21																																																																																					
22	23 <i>Snack</i> Pretzel Goldfish Apple Cherry Juice	24 <i>Snack</i> Cinnamon Graham Crackers Colby Jack Cheese Stick	25 <i>Cold Supper</i> Pepperoni & Cheese Croissant Baby Carrots Mixed Berry Applesauce Milk Variety	26 <i>Cold Supper</i> Cheddar Cheese Cup Pumpkin Seeds Romaine Salad with Cherry Tomatoes Harvest Cheddar Sunchips Fresh Fruit & Milk Variety	27 <i>Snack</i> Wheat Crackers WOW Butter Cups Apple Juice	28																																																																																					
29	30 MENU COMING SOON	31 <i>Halloween</i> MENU COMING SOON																																																																																									
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