

ELEMENTARY SCHOOL

OCTOBER 2026

BREAKFAST MENU



ADMIT ONE

No : 01234

"LUNCH: Your shortcut to happy taste buds!"
Charlotte M. C. Grade @ Nazareth Academy

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
5 308 Strawberry Mini Bagel OR 325 Cinnamon Chex Cup OR 307 Cherry Frudel 747 Orange Citrus Blend Juice 659 Watermelon Craisins	6 369 Trix Mini French Toast OR 307 Cherry Frudel  670 Fresh Fruit 752 Fruit Punch Juice	7 329 Honey Cheerios Cereal OR 334 Cinnamon Toast Crunch Cereal 748 Grape Juice 641 Tropical Raisels	8 316 Maple Mini Pancakes OR 318 Cinnamon Mini Waffles 670 Fresh Fruit 753 Orange Juice	9 319 Orange Cranberry Muffin OR 368 Plain Bagel 749 Apple Cherry Juice 609 Dole Mixed Fruit Cup
12 326 Trix Cereal Cup OR 308 Strawberry Mini Bagel 750 Apple Juice 684 Strawberry Banana Applesauce	13 328 Chocolate Chip Muffin OR 364 Mini Cinni Pull-A-Part 747 Orange Citrus Juice 658 Cherry Craisins	14 366 Blueberry Bagel OR 311 Apple Jacks Pouch  670 Fresh Fruit 752 Fruit Punch Juice	15 323 Apple Cinnamon Muffin OR 306 Apple Baked Frudel 748 Grape Juice 649 Orange Gel Cup	16 351 Cinnamon Toast Crunch Bar OR 358 Poffitz Pancake Bites 670 Fresh Fruit 753 Orange Juice
19 329 Honey Cheerios Cup OR 316 Maple Mini Pancakes 749 Apple Cherry Juice 670 Fresh Fruit	20 320 Corn Muffin OR 326 Trix Cereal Cup 750 Apple Juice 642 Orange Burst Raisels	21 367 Cinnamon Raisin Bagel OR 317 Confetti Mini Pancakes  747 Orange Citrus Blend Juice 689 Strawberry Applesauce	22 334 Cinnamon Toast Crunch Cereal OR 131 Mango Yogurt & 921 Granola 752 Fruit Punch Juice 670 Fresh Fruit Early Dismissal @ 11:00 A.M. Parent/Teacher Conferences	23 Parent/Teacher Conferences NO SCHOOL
26 Breakfast Kits	27 324 Cocoa Puffs Cereal OR 368 Plain Bagel 749 Apple Cherry Juice 670 Fresh Fruit	28 358 Poffitz Pancake Bites OR 372 Lemon Bread Slice 750 Apple Juice 648 Strawberry Gello Cups	29 321 Banana Muffin OR 333 Blueberry Chex Cereal 747 Orange Citrus Blend Juice 670 Fresh Fruit	30 370 Cinnamon Toast Mini French Toast OR 334 Cinnamon Toast Crunch Cereal  752 Fruit Punch Juice 641 Tropical Raisels

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

OCTOBER 2026



NATIONAL SCHOOL LUNCH WEEK

Get ready for a spectacular week of fun! National School Lunch Week will be celebrated October 12-16! This year's theme is "Cafeteria Circus: Where Nutrition Takes Center Stage!" The theme recognizes the incredible work of school nutrition professionals who help fuel student success every day. We are excited to celebrate National School Lunch Week with everyone at school and shine a spotlight on the healthy, delicious meals served in our cafeterias.

NDS will be hosting a Placemat Design Contest and a Slogan Contest with prizes for the winners! Be sure to watch for more information and start thinking about your best circus-themed ideas.

Make sure to grab a **balanced lunch!**



ALL ABOARD THE CIRCUS TRAIN!

Hop aboard and create a circus train that's almost too fun to eat!

Ingredients:

- Peanut butter
- Bananas
- Animal Crackers
- Peanut Butter Sandwich Crackers

Instructions:

- Cut your bananas
- Insert your animal crackers gently into the banana and push down
- Use a dab of peanut butter on the outside of your peanut butter crackers and push into the sides of the banana- these are your four wheels!



THIS OR THAT

Big top fun awaits, but you can only pick one. Which will you choose?

Clown or Magician

Ringmaster or Acrobat

Cotton Candy or Popcorn

Trapeze Artist or Lion Tamer

CLOWNING AROUND

What is a circus performer's favorite subject in school?
Juggling numbers!

Why did the clown throw his clock out of the window?
He wanted to see time fly!

Why did the clown go to the doctor?
Because he was feeling a little funny!

Why did the clown go to school?
To improve his funny business!

Why don't elephants use computers at the circus?
They're afraid of the mouse!

