

SFA School Breakfast

October 2023



Nutritional Development Services-Archdiocese of Philadelphia
 222 N 17th St, Philadelphia, PA 19103
 215-895-3470, option 1

[f NDS School Lunch Program](#)
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Menu is subject to change. A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, and all items are pork-free

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">2</p> <p>334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 752 Fruit Punch Juice</p>	<p style="text-align: right;">3</p> <p>323 Apple Cinnamon Muffin 644 Dole Pear Cup 690 Apple Crisps</p>	<p style="text-align: right;">4</p> <p>308 Strawberry Mini Bagel 670 Fresh Fruit 656 Craisins</p>	<p style="text-align: right;">5</p> <p>360 Cinnamon Pop-Tarts <i>NEW</i> 697 Bagged Sliced Apples 753 Orange Juice</p>	<p style="text-align: right;">6</p> <p>328 Chocolate Chip Muffin 670 Fresh Fruit 749 Apple Cherry Juice Pre-K: 349 Corn Chex Cereal</p>
<p style="text-align: right;">9</p> <p>Faculty Professional Development Day</p> <p style="text-align: center;">NO SCHOOL</p>	<p style="text-align: right;">10</p> <p>386 Frosted Flakes Breakfast Kits</p>	<p style="text-align: right;">11</p> <p>369 Pillsbury Berry Blast Mini French Toast 659 Watermelon Craisins 670 Fresh Fruit</p>	<p style="text-align: right;">12</p> <p>366 Blueberry Bagel 644 Dole Pear Cup 750 Apple Juice</p>	<p style="text-align: right;">13</p> <p>321 Banana Muffin 670 Fresh Fruit 684 Mixed Berry Applesauce</p>
<p style="text-align: right;">16</p> <p>Cinnamon Toast Crunch Cereal Bar 749 Grape Juice 608 Dole Tropical Fruit Cup</p>	<p style="text-align: right;">17</p> <p>324 Cocoa Puffs Cereal 749 Apple Cherry Juice 658 Cherry Craisins</p>	<p style="text-align: right;">18</p> <p>327 Pillsbury Maple Mini Waffles 750 Apple Juice 690 Apple Crisps</p>	<p style="text-align: right;">19</p> <p>336 Apple Churro 752 Fruit Punch Juice 670 Fresh Fruit</p>	<p style="text-align: right;">20</p> <p>321 Banana Muffin 753 Orange Juice 670 Fresh Fruit</p>
<p style="text-align: right;">23</p> <p>329 Honey Cheerios 750 Apple Juice 670 Fresh Fruit</p>	<p style="text-align: right;">24</p> <p>328 Chocolate Chip Muffin 748 Grape Juice 644 Dole Pear Cup</p>	<p style="text-align: right;">25</p> <p>334 Cinnamon Toast Crunch Cereal 752 Fruit Punch Juice 659 Watermelon Craisins</p>	<p style="text-align: right;">26</p> <p>361 Strawberry Pop-Tarts <i>NEW</i> 753 Orange Juice 670 Fresh Fruit</p>	<p style="text-align: right;">27</p> <p>320 Corn Muffin 749 Apple Cherry Juice 691 Strawberry Apple Crisps</p>

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.