



NOVEMBER 2021

"Healthy foods bring good moods!"- From St. Monica Senior School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

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	Monday	Tuesday	Wednesday	Thursday	Friday
	NO SCHOOL All Saints' Day	263 5" Round Cheese Pizza 611 Bagged Baby Carrots 633 Sunset Sip Vegetable Juice 691 Strawberry Apple Crisp	292 Penne Pasta with Meat Sauce 750 Apple Juice 992 Oatmeal Cookie	205 Popcorn Chicken 704 French Fries 752 Fruit Punch Juice 992 Oatmeal Cookie	275 BBQ Chicken Filet 706 Romaine Salad with Cherry Tomatoes 684 Mixed Berry Applesauce 915 Hamburger Bun
	234 Chicken Tenders with Potato Wedges 611 Bagged Baby Carrots 541 Chocolate Hummus 623 Broccoli 690 Apple Crisps 990 Chocolate Chip Cookie	294 Meatballs with Sauce 624 Garlic Green Beans 749 Apple Cherry Juice 915 Hamburger Bun	215 Beef & Cheese Taco 639 Corn 620 Salsa 659 Watermelon Craisins 941 Tostitos Scoops	255 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Vegetable Juice 694 Kiwi Strawberry Sidekick	200 Hamburger 708 Romaine Salad with Spinach & Chickpeas 752 Fruit Punch Juice 915 Hamburger Bun
	234 Chicken Tenders with Potato Wedges 631 Cherry Star Vegetable Juice 645 Dole Pineapple Cup 990 Chocolate Chip Cookie	263 5" Round Cheese Pizza 623 Broccoli 633 Sunset Sip Vegetable Juice 658 Cherry Craisins	253 Hot Dog with French Fries 603 Maple Baked Beans 608 Dole Tropical Fruit Cup 906 Hot Dog Bun	292 Penne Pasta with Meat Sauce 659 Watermelon Craisins 929 Cinnamon Elf Grahams	NO SCHOOL Parent/Teacher Conferences
•	222 Sliced Turkey with Stuffing, Mashed Potatoes & Gravy 623 Broccoli 620 Salsa 685 Rosati Water Ice 941 Tostitos Scoops	289 Pancakes with Sausage 634 Hash Browns 632 Wango Mango Vegetable Juice 659 Watermelon Craisins 993 Holiday Cookie	NO SCHOOL Thanksgiving Break	NO SCHOOL Happy Thanksgiving!	NO SCHOOL Thanksgiving Break
•	NO SCHOOL Thanksgiving Break	221 Two Cheese, Chicken Quesadilla 639 Corn 633 Sunset Sip Vegetable Juice 659 Watermelon Craisins	253 Hot Dog with Fries 603 Maple Baked Beans 645 Dole Pineapple Cup 906 Hog Dog Bun	205 Popcorn Chicken 633 Sunset Sip Vegetable Juice 611 Bagged Baby Carrots 752 Fruit Punch Juice 990 Chocolate Chip Cookie	271 Spaghetti & Meatballs 684 Mixed Berry Applesauce 909 Dinner Roll

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items in suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.