

Elementary School Hot Lunch Menu

May 2026

"Yo Ho Ho, Ahoy Mateys! All Buccaneers must have Breakfast!" Danica H. 6th Grade @ Blessed Trinity

Menu is subject to change, a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, & grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>205 Popcorn Chicken 623 Tater Tots 634 Ruby Rusher Vegetable Juice 684 Strawberry Banana Applesauce</p>  <p>Orange Juice Day</p>	<p>v5</p> <p>263 5" Round Cheese Pizza 634 Ruby Rusher Vegetable Juice 610 Papaya Mango Fruit Cup</p>	<p>6</p> <p>288 Mac & Cheese w/ Broccoli V 630 Dragon Punch Vegetable Juice TEACHER'S DAY 658 Cherry Craisins 909 Dinner Roll</p>	<p>7</p> <p>220 Hot Dog & 906 Hot Dog Buns 708 Spinach Salad with Chickpeas 697 Sliced Apples</p>	<p>8</p> <p>204 Chicken Nuggets OR 203 Mini Pepperoni Calzone 611 Bagged Baby Carrots 541 Chocolate Hummus 642 Orange Burst Raisels 990 Chocolate Chip Cookie</p>
<p>11</p> <p>201 Cheeseburger 634 Ruby Rusher Vegetable Juice 623 Tater Tots 654 Raspberry Lemonade Craisins 928 Pretzel Goldfish</p>	<p>12</p> <p>215 Beef Taco Stick OR 221 Two Cheese, Chicken Quesadilla 620 Salsa Cup 140 Fiesta Bean Dip 749 Apple Cherry Juice 941 Tostitos Scoops</p>	<p>13</p> <p>264 4x6 Cheese Pizza V 611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit</p>  <p>International Hummus Day</p>	<p>14</p> <p>480 Sausage Kolache OR 706 Spinach Salad with Tomatoes 642 Orange Burst Raisels</p>	<p>15</p> <p>295 Meatloaf & Gravy with Mashed Potatoes 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 990 Chocolate Chip Cookie</p>
<p>18</p> <p>203 Mini Pepperoni Calzone 611 Bagged Baby Carrots 634 Ruby Rusher Vegetable Juice 659 Watermelon Craisins</p>	<p>19</p> <p>255 Pizzaboli V 611 Bagged Baby Carrots 634 Ruby Rusher Vegetable Juice 684 Strawberry Banana Applesauce</p>	<p>20</p> <p>281 Popcorn Chicken & Potatoes</p>  <p>World Bee Day</p> <p>631 Cherry Star Vegetable Juice 641 Tropical Raisels</p>	<p>21</p> <p>204 Chicken Nuggets OR 708 Spinach Salad with Chickpeas 697 Sliced Apples</p>	<p>22</p> <p>NO SCHOOL Memorial Day Weekend</p>
<p>25</p>  <p>MEMORIAL DAY</p>	<p>26</p> <p>480 Sausage Kolache 623 Tater Tots 634 Ruby Rusher Veggie Juice 686 Rosati "Sweet Heart" Ice 931 Cinnamon Bug Bites</p>	<p>27</p> <p>209 Taco Meat 620 Salsa 630 Dragon Punch Veggie Juice 749 Apple Cherry Juice 941 Tostitos Scoops</p>	<p>28</p> <p>264 4x6 Cheese Pizza V 628 Broccoli 622 Marinara Sauce 682 Bananas 937 Apple Cinnamon Bear Grahams</p>	<p>29</p> <p>205 Popcorn Chicken V 611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit</p>

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

MAY 2026



May Is Here!

May is here, bringing sunshine, fresh air, and a feeling of excitement as spring continues! Flowers are blooming, trees are full of green leaves, and the days are growing longer. May is a time to celebrate growth, hard work, and the progress we've made this year. It's also a wonderful month to enjoy nature, practice kindness, and stay focused as we get closer to the end of the school year. Let's make the most of this bright and busy month and continue to learn, grow, and shine together!



Free Summer Meals

This summer, NDS is teaming up with community partners across Philadelphia and the surrounding counties to provide FREE meals to children 18 and under. Starting June 15th, NDS will be offering both breakfast and lunch. Meals are delivered directly to each site and are ready to be served!

If you're interested in becoming a site or would like to learn more, please contact NDS at 215-895-3470, option 1, or scan the code!



Get Those Old Milk Cartons!

Spring is the perfect time to start a garden of your own. Using an old milk carton is a fun and easy way to plant seeds and watch them grow. In the Philadelphia area, simple plants like lettuce, radishes, herbs (such as basil or parsley), and flowers like marigolds grow well in the spring. With a little sunlight, water, and care, kids can enjoy helping their plants grow and learning how gardens work. Don't forget to share! Kids are invited to show NDS the mini gardens they created and celebrate their hard work and growing success!



Flowers vs Butterflies

Using butterflies and flowers, challenge your friends to a game of tic-tac-toe!



May 1st is National School Lunch Hero Day!

This special day celebrates the hardworking staff who prepare and serve healthy, delicious meals for our students every day. They are true school heroes, helping children stay fueled and ready to learn. NDS would like to say a big thank you to our amazing lunch staff for all they do!

Show your appreciation by decorating your own apron! Add kind words, drawings, or your favorite things about school lunch. When you're finished, be sure to include a big thank-you for your hardworking school lunch manager and cafeteria staff!



Memorial Day

Every year, on the last Monday in May, our nation honors the brave servicemen and women who have passed away. To remember the lives lost, Americans wear poppies as a symbol of remembrance. The red poppy has been worn since World War I to honor those who served our country and made the ultimate sacrifice. You can honor our soldiers by making your own poppy. Follow the QR code to learn how to create a poppy and show your respect for those who served.

