



BREAKFAST



MARCH 2022

Saint Francis of Assisi School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

359 Honey Scooters Cereal
752 Fruit Punch Juice
609 Dole Mixed Fruit Cup

Tuesday

322 Blueberry Muffin or
333 Blueberry Chex Cereal
753 Orange Juice
690 Apple Crisps

Wednesday

333 Blueberry Chex Cereal
750 Apple Juice
658 Cherry Craisins

Thursday

323 Apple Cinnamon Muffin
749 Apple-Cherry Juice
645 Dole Pineapple Cup

Friday

334 Cinnamon Toast Crunch
Cereal
748 Grape Juice
684 Mixed Berry Applesauce

328 Chocolate Chip Muffin
749 Apple-Cherry Juice
647 Dole Mandarin Orange Cup

327 Pillsbury Maple Mini
Waffles
750 Apple Juice
697 Bagged Sliced Apples

319 Orange Cranberry Muffin or
328 Chocolate Chip Muffin
752 Fruit Punch Juice
659 Watermelon Craisins

359 Honey Scooters Cereal
748 Grape Juice
684 Mixed Berry Applesauce

329 Trix Cereal Bar
753 Orange Juice
691 Strawberry Apple Crisps

325 Cinnamon Chex Cup
753 Orange Juice
608 Dole Tropical Fruit Cup

328 Chocolate Chip Muffin
749 Apple-Cherry Juice
684 Mixed Berry Applesauce

385 Trix Cereal Breakfast Kits

333 Blueberry Chex Cereal
748 Grape Juice
684 Mixed Berry Applesauce

319 Orange Cranberry Muffin
750 Apple Juice
690 Apple Crisps

334 Cinnamon Toast Crunch
Cereal
753 Orange Juice
691 Strawberry Apple Crisps

359 Honey Scooters Cereal
748 Grape Juice
684 Mixed Berry Applesauce

327 Pillsbury Maple Mini
Waffles
750 Apple Juice
645 Dole Pineapple Cup

319 Orange Cranberry Muffin
752 Fruit Punch Juice
659 Watermelon Craisins

NO SCHOOL
Faculty
Professional
Development Day

325 Cinnamon Chex Cup
753 Orange Juice
608 Dole Tropical Fruit Cup

328 Chocolate Chip Muffin
749 Apple-Cherry Juice
684 Mixed Berry Applesauce

366 Blueberry Bagel
752 Fruit Punch Juice
659 Watermelon Craisins

344 Cinnamon Toast Crunch
Cereal
748 Grape Juice
697 Bagged Sliced Apples

319 Orange Cranberry Muffin
750 Apple Juice
690 Apple Crisps

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

