

Saint Francis of Assisi School

CARES Snack Calendar

March 2023

Please remember that the Menu is subject to change based on weather and availability from Nutritional Development Services (NDS).

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																																																																																				
		1 Cold Supper Wedge Sandwich Carrots, Fresh Fruit Fresh Fruit Milk	2 Snack Sports Grahams Blueberry Yogurt Water	3 Cold Supper Cinnamon Chex Cereal Vegetable Juice Fresh Fruit String Cheese Milk	4	5																																																																																				
6 Snack Honey Grahams Apple Juice OR Crackers Mozzarella String Cheese	7 Cold Supper Honey Scooters Cereal Vegetable Juice Fresh Fruit Vanilla Yogurt Milk	8 Snack Vanilla Bear Grahams Fruit Juice OR Dino Bites Peach Yogurt & Water	9 Cold Supper Turkey Stick, Cheese Stick Vegetable Juice Fresh Fruit Pretzels Milk	10 Snack Pretzels Colby Jack Cheese Water	11	12 Daylight Saving																																																																																				
13 Snack Cinnamon Bear Grahams Fruit Juice OR Sports Grahams Strawberry Banana Yogurt Water	14 Snack Goldfish Pretzels Mozzarella String Cheese Water	15 Cold Supper Wedge Sandwich Carrots Fresh Fruit Milk	16 Cold Supper Garden Salsa Chips Vegetable Juice Fresh Fruit Pumpkin Seeds Milk	17 Cold Supper Honey Oats Cereal Vegetable Juice, Applesauce Cheese Stick Shamrock Cookie Milk	18	19																																																																																				
20 Vernal Equinox NO SCHOOL Happy Spring!	21 Snack Wheat Crackers Colby Jack Cheese OR Graham Crackers Fruit Juice	22 Cold Supper Sub Sandwich Carrots Fresh Fruit Milk	23 Cold Supper Turkey Stick Vegetable Juice, Applesauce Goldfish, Milk OR Dino Bites Yogurt & Water	24 Cold Supper Multigrain Sunchips Vegetable Juice, Fresh Fruit Cheddar Cups, Milk Pretzels Mozzarella Cheese & Water	25	26																																																																																				
27 Snack Cheddar Goldfish Apple Juice	28 Cold Supper Blueberry Yogurt Vegetable Juice Raisins Granola Milk	29 Snack Wheat Crackers Colby Jack Cheese OR Grahams & Yogurt Water	30 Cold Supper Tostitos Scoops Cheddar & Salsa Cups Applesauce Pumpkin Seeds Milk	31 Cold Supper Cinnamon Chex Cereal Vegetable Juice Fresh Fruit Colby Jack Cheese Milk																																																																																						
		<p style="text-align: center;">February '23</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td> </tr> <tr> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> </tr> <tr> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> </tr> <tr> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td> </tr> <tr> <td>27</td><td>28</td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>		M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28						<p style="text-align: center;">April '23</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> </tr> <tr> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> </tr> <tr> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> <tr> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> </tr> </tbody> </table>		M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
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