



MARCH 2023

Saint Francis of Assisi School

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

Tuesday

Wednesday

Thursday

Friday



336 Apple Churro (NEW ITEM)
749 Apple Cherry Juice
670 Fresh Fruit

6

306 Apple Baked Frudel
750 Apple Juice
659 Watermelon Craisins

7

337 Raspberry Churro (NEW ITEM)
752 Fruit Punch Juice
670 Fresh Fruit

8

338 French Toast Sticks
753 Orange Juice
684 Mixed Berry Applesauce

9

359 Honey Scooters Cereal
648 Dole Strawberry Gello Bowl
670 Fresh Fruit

10

351 Cinnamon Toast Crunch
Cereal Bar (NEW ITEM)
753 Orange Juice
657 Strawberry Craisins

13

323 Apple Cinnamon Muffin
649 Dole Orange Gello Bowl
670 Fresh Fruit

14

369 Pillsbury Berry Blast Mini
French Toast
749 Apple Cherry Juice
684 Mixed Berry Applesauce

15

328 Chocolate Chip Muffin
750 Apple Juice
608 Dole Tropical Fruit Cup

16

324 Cocoa Puffs Cereal
753 Orange Juice
670 Fresh Fruit

17

NO SCHOOL

20

308 Strawberry Mini Bagel
753 Orange Juice
645 Dole Pineapple Cup

21

326 Trix Cereal Cup (NEW ITEM)
748 Grape Juice
670 Fresh Fruit

22

366 Plain Bagel
750 Apple Juice
691 Strawberry Apple Crisps

23

328 Chocolate Chip Muffin
749 Apple Cherry Juice
656 Craisins

24

324 Cocoa Puffs
691 Strawberry Apple Crisps
684 Mixed Berry Applesauce

27

327 Pillsbury Maple Mini Waffles
609 Dole Mixed Fruit Cup
658 Cherry Craisins

28

336 Apple Churro (NEW ITEM)
656 Craisins
647 Dole Mandarin Orange Cup

29

323 Apple Cinnamon Muffin
752 Fruit Punch Juice
670 Fresh Fruit

30

308 Strawberry Mini Bagel
750 Apple Juice
670 Fresh Fruit

31

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.