

Saint Francis of Assisi School

CARES Snack Calendar

January 2023

Please remember that the Menu is subject to change based on weather and availability from Nutritional Development Services (NDS).

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																																																																																				
						1 New Year's Day																																																																																				
2 No CARES NO SCHOOL Christmas Break Happy New Year!	3 Snack Wheat Crackers Mozzarella Cheese Stick Water	4 Snack Vanilla Grahams Fruit Juice	5 Cols Supper Turkey Stick Colby Jack Cheese Stick Vegetable Juice, Fruit Goldfish Pretzels Milk	6 Snack Dino Grahams Peach Yogurt OR Goldfish Pretzel Colby Jack Cheese Stick Water	7	8																																																																																				
9 Snack Cinnamon Graham Fruit Juice	10 Snack Goldfish Pretzel Mozzarella String Cheese Water	11 Cold Supper Wedge Sandwich Carrots Carrots Fruit Milk	12 Cold Supper Garden Salsa Chips Vegetable Juice, Fruit Milk OR Yogurt Graham Crackers, Water	13 Cold Supper Colby Jack Cheese Stick Vegetable Juice Applesauce Honey Bunches of Oats Milk	14	15																																																																																				
16 No CARES NO SCHOOL Martin Luther King Jr. Day	17 Cold Supper Strawberry Banana Yogurt Vegetable Juice Fruit Cinnamon Toast Crunch Cereal Milk	18 Snack Graham Cracker Fruit Juice	19 Snack Dino Grahams Vanilla Yogurt OR Goldfish Pretzels Mozzarella Cheese Stick Water	20 Cold Supper Multigrain Sunchips Sunflower Kernels Vegetable Juice Fruit Milk	21	22 Chinese New Year																																																																																				
23 Snack Cheddar Goldfish Apple Juice	24 Snack Wheat Crackers Colby Jack String Cheese OR Sports Grahams Yogurt, Water	25 Cold Supper Wedge Sandwich Carrots Fruit Milk	26 Cold Supper Cheddar & Salsa Cups Applesauce Tostitos Scoops Milk	27 Cold Supper Colby Jack Cheese Stick Vegetable Juice Fruit Cinnamon Chex Cereal Milk	28	29																																																																																				
30 Snack Dino Grahams Fruit Juice	31 Snack Goldfish Pretzels Mozzarella String Cheese Water	December '22 <table border="1"> <thead> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> </tr> <tr> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> </tr> <tr> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> </tr> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> </tr> </tbody> </table>		M	T	W	T	F	S	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		February '23 <table border="1"> <thead> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28						
M	T	W	T	F	S	S																																																																																				
			1	2	3	4																																																																																				
5	6	7	8	9	10	11																																																																																				
12	13	14	15	16	17	18																																																																																				
19	20	21	22	23	24	25																																																																																				
26	27	28	29	30	31																																																																																					
M	T	W	T	F	S	S																																																																																				
		1	2	3	4	5																																																																																				
6	7	8	9	10	11	12																																																																																				
13	14	15	16	17	18	19																																																																																				
20	21	22	23	24	25	26																																																																																				
27	28																																																																																									