

Elementary School Hot Lunch Menu February 2026

"Vegetable are the way of life"- Noah P., 7th Grade @ Visitation School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All items are pork free.

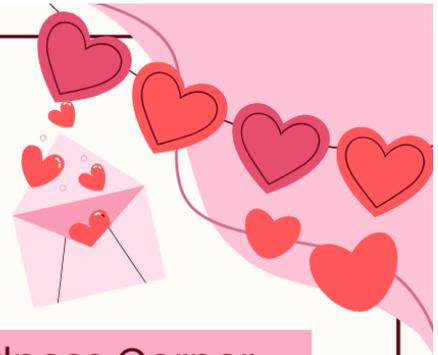
Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>254 BBQ Rib Sandwich NEW ITEM</p> <p><i>HAPPY GROUNDHOG DAY</i> </p> <p>623 Tater Tots 611 Bagged Baby Carrots 642 Orange Burst Raisels</p>	<p>3</p> <p>253 Three Cheese Quesadilla NEW ITEM</p> <p>620 Salsa 706 Spinach Salad with Tomatoes 749 Apple Cherry Juice</p>	<p>4</p> <p>206 French Toast with Sausage</p> <p>623 Tater Tots 634 Ruby Rusher Veggie Juice OR 633 Sunset Sip Vegetable Juice 670 Fresh Fruit</p>	<p>5</p> <p>264 4x6 Cheese Pizza</p> <p>708 Spinach Salad with Chickpeas 682 Bananas</p>	<p>6</p> <p>203 Mini Pepperoni Calzone</p> <p>622 Marinara Cup 631 Cherry Star Veggie Juice 686 Rosati "Nice" Ice</p>
<p>9</p> <p>205 Popcorn Chicken</p> <p>623 Tater Tots 634 Ruby Rusher Vegetable Juice 684 Strawberry Banana Applesauce</p>	<p>10</p> <p>212 Taco Triangles</p> <p>623 Tater Tots 634 Ruby Rusher Vegetable Juice 642 Orange Burst Raisels</p>	<p>11</p> <p>256 Cheese Stuffed Breadsticks</p> <p>622 Marinara Sauce 630 Dragon Punch Vegetable Juice 658 Cherry Craisins</p> <p> National Inventors Day</p>	<p>12</p> <p>220 Hot Dog & 906 Hot Dog Buns</p> <p>708 Spinach Salad with Chickpeas 670 Fresh Fruit</p> <p> National Hug Day</p>	<p>13</p> <p>204 Chicken Nuggets</p> <p>611 Bagged Baby Carrots 502 "Kick It" Crunchy Puffs 686 Rosati "Nice" Ice 993 Holiday Cookie</p>
<p>16</p> <p> PRESIDENT'S DAY</p> <p>NO SCHOOL Presidents' Day</p>	<p>17</p> <p>215 Beef & Cheese Taco Stick OR 221 Two Cheese, Chicken Quesadilla</p> <p><i>Lunar New Year</i> </p> <p>620 Salsa 140 Fiesta Bean Dip 749 Apple Cherry Juice 941 Tostitos Scoops</p>	<p>18</p> <p>288 Mac & Cheese w/ Broccoli & 909 Dinner Roll</p> <p><i>Ash Wednesday</i> </p> <p>630 Dragon Punch Vegetable Juice 670 Fresh Fruit</p>	<p>19</p> <p>480 Sausage Kolache</p> <p>706 Spinach Salad with Tomatoes 686 Rosati "Nice" Ice</p>	<p>20</p> <p>264 4x6 Cheese Pizza</p> <p>611 Bagged Baby Carrots 502 "Kick It" Crunchy Puffs 670 Fresh Fruit</p>
<p>23</p> <p>203 Mini Pepperoni Calzone</p> <p>611 Bagged Baby Carrots 634 Ruby Rusher Vegetable Juice 659 Watermelon Craisins</p>	<p>24</p> <p>255 Pizzaboli</p> <p>622 Marinara Sauce 611 Bagged Baby Carrots 747 Orange Citrus Blend Juice</p>	<p>25</p> <p>281 Popcorn Chicken and Potatoes</p> <p><i>National Muffin Day</i> </p> <p>631 Cherry Star Vegetable Juice 641 Tropical Raisels</p>	<p>26</p> <p>204 Chicken Nuggets</p> <p>708 Spinach Salad with Chickpeas 670 Fresh Fruit</p>	<p>27</p> <p>256 Cheese Stuffed Breadsticks</p> <p>622 Marinara Sauce 630 Dragon Punch Vegetable Juice 670 Fresh Fruit</p>

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



February 2026



Love, Legacy, and Wellness

February is a month full of meaning and celebration! It's a time for love and kindness with Valentine's Day, a time to honor and learn during Black History Month, and a time to focus on heart health by making caring choices for our bodies. This month is a chance to share kindness, celebrate diversity, and enjoy meals that nourish both heart and mind. Let's make this month one of love, learning, and healthy living together!

Love & Kindness Corner

February is all about kindness, friendship, and caring for one another! This month, love can be spread at school through small acts of kindness, such as:

- ♥ Helping a classmate
- ♥ Writing a thank-you note
- ♥ Giving a compliment
- ♥ Inviting someone to join in your games

Love Bites

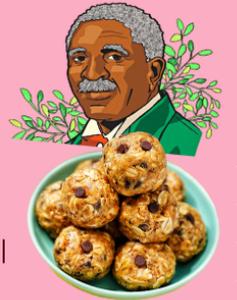
George Washington Carver was a brilliant scientist and inventor who loved plants. He spent his life finding new ways to use crops like peanuts, sweet potatoes, and cotton. Carver helped farmers grow healthier food, protect the soil, and make useful products. Celebrate his legacy by making peanut butter protein balls!

Ingredients:

- 1 cup peanut butter
- ½ cup oats
- ¼ cup honey or maple syrup
- ¼ cup mini chocolate chips or raisins (optional)

Instructions:

- In a bowl, mix peanut butter and honey until smooth
- Stir in oats
- Roll the mixture into small bite-sized balls
- Chill in the fridge for 10-20 minutes
- Enjoy your Carver-inspired snack while thinking about all the amazing ways he used peanuts! 🌱



Make Your Own Punny Valentine!

Every year, there are 1 billion Valentine's Day cards exchanged around the world! Try making yours one-of-a-kind with a funny pun. Need some inspiration? Try these punny ideas:



Invention Inspiration!

Have fun finding words while celebrating the creativity and innovation of African American inventors that help shape our everyday lives!

T R A F F I C L I G H T
 W B G A S M A S K T G S
 P R G C N L P Q N B P O
 N C A R T R I D G E S I
 W F R I D G E O R K I G
 S U P E R S O A K E R M
 B L O O D B A N K J Z M
 L V E H A I R C A R E R

- SUPERSOAKER
- TRAFFICLIGHT
- GASMASK
- BLOODBANK
- CARTRIDGE
- HAIRCARE
- FRIDGE
- GPS



Scan for Answers!

