

# Elementary School Breakfast Menu February 2026

"Vegetable are the way of life"- Noah P., 7<sup>th</sup> Grade @ Visitation School

Menu is subject to change, a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, and grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>324 Cocoa Puffs Cup OR 329 Honey Cheerios Cup</p> <p></p> <p>659 Watermelon Craisins 749 Apple Cherry Juice</p>	<p><b>3</b></p> <p>308 Strawberry Mini Bagel 747 Orange Citrus Blend Juice 670 Fresh Fruit</p>	<p><b>4</b></p> <p>327 Maple Mini Pancakes OR 306 Apple Frudel 753 Orange Juice 697 Bagged Sliced Apples</p>	<p><b>5</b></p> <p>369 Trix Mini French Toast OR 351 Cinnamon Toast Crunch Bar 752 Fruit Punch Juice 670 Fresh Fruit</p>	<p><b>6</b></p> <p>366 Blueberry Bagel OR 323 Apple Cinnamon Muffin 748 Grape Juice 670 Fresh Fruit</p>
<p><b>9</b></p> <p>364 Mini Cinni Pull-A- Part OR 324 Cocoa Puffs Cup 752 Fruit Punch Juice 610 Papaya Mango Cup</p>	<p><b>10</b></p> <p>326 Trix Cereal Cup OR 358 Poffitz Pancake Bites 749 Apple Cherry Juice 658 Cherry Craisins</p>	<p><b>11</b></p> <p>367 Cinnamon Raisin Bagel OR 328 Chocolate Chip Muffin 747 Orange Citrus Blend Juice 670 Fresh Fruit</p> <p></p> <p>National Inventors Day</p>	<p><b>12</b></p> <p>316 Maple Mini Pancakes OR 367 Cinnamon Raisin Bagel 748 Grape Juice 641 Tropical Raisels</p> <p></p> <p>National Hug Day</p>	<p><b>13</b></p> <p>306 Apple Frudel OR 131 Mango Yogurt &amp; 311 Apple Jacks Pouch 670 Fresh Fruit 753 Orange Juice Pre-K: 330 Blueberry Muffin 387 Froot Loops BK Kit</p>
<p><b>16</b></p> <p></p> <p><b>NO SCHOOL Presidents' Day</b></p>	<p><b>17</b></p> <p><b>Breakfast Kit Variety</b></p> <p></p> <p>Lunar New Year</p> <p><b>Year of the Fire Horse</b></p>	<p><b>18</b></p> <p>308 Strawberry Mini Bagel</p> <p>Ash Wednesday</p> <p></p> <p>750 Apple Juice 659 Watermelon Craisins</p>	<p><b>19</b></p> <p>370 Cinnamon Toast Mini French Toast OR 131 Mango Yogurt &amp; 922 Cinnamon Granola 752 Fruit Punch Juice 670 Fresh Fruit</p>	<p><b>20</b></p> <p>316 Maple Mini Pancakes OR 328 Chocolate Chip Muffin 670 Fresh Fruit 749 Apple Cherry Juice</p>
<p><b>23</b></p> <p>327 Maple Mini Waffles OR 134 Cherry Vanilla Yogurt &amp; 312 Fruit Loops Pouch 748 Grape Juice 670 Fresh Fruit</p>	<p><b>24</b></p> <p>317 Confetti Mini Pancakes OR 329 Honey Cheerios Cup 752 Fruit Punch Juice 654 Raspberry Lemonade Craisins</p>	<p><b>25</b></p> <p>334 Cinnamon Toast Crunch Cereal OR 358 Poffitz Pancake Bites</p> <p>National Muffin Day</p> <p></p> <p>641 Tropical Raisels 747 Orange Citrus Blend Juice</p>	<p><b>26</b></p> <p>366 Blueberry Bagel OR 325 Cinnamon Chex Cup OR 326 Blueberry Chex Cereal 670 Fresh Fruit 748 Grape Juice</p>	<p><b>27</b></p> <p>321 Banana Muffin OR 327 Maple Mini Waffles</p> <p>749 Apple Cherry Juice 670 Fresh Fruit OR 682 Bananas Pre-K: 330 Blueberry Muffin 384 Cinnamon Toast Crunch BK Kit</p>

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



# February 2026



## Love, Legacy, and Wellness

February is a month full of meaning and celebration! It's a time for love and kindness with Valentine's Day, a time to honor and learn during Black History Month, and a time to focus on heart health by making caring choices for our bodies. This month is a chance to share kindness, celebrate diversity, and enjoy meals that nourish both heart and mind. Let's make this month one of love, learning, and healthy living together!

## Love & Kindness Corner

February is all about kindness, friendship, and caring for one another! This month, love can be spread at school through small acts of kindness, such as:

- ♥ Helping a classmate
- ♥ Writing a thank-you note
- ♥ Giving a compliment
- ♥ Inviting someone to join in your games

## Love Bites

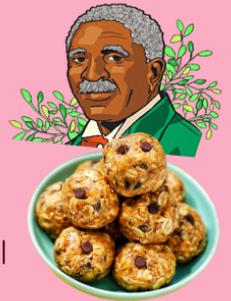
George Washington Carver was a brilliant scientist and inventor who loved plants. He spent his life finding new ways to use crops like peanuts, sweet potatoes, and cotton. Carver helped farmers grow healthier food, protect the soil, and make useful products. Celebrate his legacy by making peanut butter protein balls!

### Ingredients:

- 1 cup peanut butter
- ½ cup oats
- ¼ cup honey or maple syrup
- ¼ cup mini chocolate chips or raisins (optional)

### Instructions:

- In a bowl, mix peanut butter and honey until smooth
- Stir in oats
- Roll the mixture into small bite-sized balls
- Chill in the fridge for 10-20 minutes
- Enjoy your Carver-inspired snack while thinking about all the amazing ways he used peanuts! 🌱



## Make Your Own Punny Valentine!

Every year, there are 1 billion Valentine's Day cards exchanged around the world! Try making yours one-of-a-kind with a funny pun. Need some inspiration? Try these punny ideas:



## Invention Inspiration!

Have fun finding words while celebrating the creativity and innovation of African American inventors that help shape our everyday lives!

T R A F F I C L I G H T  
 W B G A S M A S K T G S  
 P R G C N L P Q N B P O  
 N C A R T R I D G E S I  
 W F R I D G E O R K I G  
 S U P E R S O A K E R M  
 B L O O D B A N K J Z M  
 L V E H A I R C A R E R

- SUPERSOAKER
- TRAFFICLIGHT
- GASMASK
- BLOODBANK
- CARTRIDGE
- HAIRCARE
- FRIDGE
- GPS



Scan for Answers!

