
















ELEMENTARY HOT LUNCH MENU

December 2024

"Cheer on your team and eat GREEN!"- Bella P, 7th grade @ Holy Trinity

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, and grains are whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
2 225 Ciabatta Cheese Melt V 622 Marinara Sauce 631 Cherry Star Vegetable Juice 752 Fruit Punch Juice	3 204 Chicken Nuggets  Giving Tuesday 623 Tater Tots 633 Sunset Sip Vegetable Juice 689 Strawberry Applesauce 927 Cheddar Goldfish	4 219 Turkey Pepperoni Pinwheel  National Cookie Day 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 697 Bagged Sliced Apples 992 Oatmeal Cookie	5 207 Cheese Ravioli V & 903 Maple Biscuits 708 Spinach & Romaine Salad w. Chickpeas 682 Bananas  International Volunteer Day	6 281 Popcorn Chicken w/ Roasted Potatoes 632 Wango Mango Vegetable Juice 541 Chocolate Brownie Hummus 648 Strawberry Gello Cups 929 Chocolate Tiger Bites
9 205 Popcorn Chicken & 623 Tater Tots 630 Dragon Punch Vegetable Juice 670 Fresh Fruit	10 215 Beef & Cheese Taco Stick 620 Salsa 633 Sunset Sip Vegetable Juice 657 Strawberry Craisins  National Pastry Day	11 203 Mini Pepperoni Calzone 611 Bagged Baby Carrots 543 Red Pepper Hummus 749 Apple Cherry Juice	12 283 Chicken Tenders w/ Corn 708 Spinach & Romaine Salad w. Chickpeas 682 Bananas 928 Pretzel Goldfish  Gingerbread House Day	13 256 Cheese Stuffed Breadsticks V & 622 Marinara Sauce 634 Ruby Rusher Vegetable Juice 644 Dole Pear Cup
16 280 Hamburger w. Green Beans & 915 Wheat Hamburger Buns 611 Bagged Baby Carrots 543 Red Pepper Hummus 685 Rosati "Givin Thanks" Ice	17 257 Mozzarella Sticks V 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 993 Candy Cane Holiday Cookie	18 209 Taco Meat 620 Salsa 632 Wango Mango Vegetable Juice 670 Fresh Fruit 941 Tostito Scoops	19 264 4x6 Cheese Pizza V 708 Spinach & Romaine Salad w. Chickpeas 682 Bananas	20 206 French Toast w. Sausage 623 Tater Tots 634 Ruby Rusher Vegetable Juice 752 Fruit Punch Juice 993 Candy Cane Holiday Cookie
23 	24 	25 	26 	27 
30 	31 	1 	2 	3 
6 203 Mini Pepperoni Calzone 620 Salsa 630 Dragon Punch Vegetable Juice 658 Cherry Craisins 941 Tostitos Scoops Classes Resume	7 213 Chicken & BBQ Sauce S'Wich 603 Baked Beans 631 Cherry Star Vegetable Juice Orange Mango Applesauce	8 264 4x6 Cheese Pizza V 622 Marinara Sauce 634 Ruby Rusher Vegetable Juice 609 Dole Mixed Fruit Cup 927 Cheddar Goldfish	9 221 Two Cheese, Chicken Quesadilla & 625 Corn 633 Sunset Sip Vegetable Juice 682 Bananas 993 Bell Holiday Cookie	10 225 Ciabatta Cheese Melt V 611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit

V= Vegetarian Options

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services
 Archdiocese of Philadelphia
 222 N 17th St, Philadelphia, PA 19103
 215-895-3470, option 1





December



Dear Parents, Caregivers, & Students,

As the holiday season approaches, NDS would like to take a moment to express our heartfelt gratitude for your support and partnership throughout the year. This time of year is all about connection, gratitude, and sharing, and NDS is thankful for the opportunity to provide students with nutritious meals.

We encourage you to celebrate the season by involving your children in meal planning and preparation, fostering a love for healthy foods.

NDS wishes you and your family a joyful holiday filled with warmth, laughter, and delicious meals. Thank you for another wonderful year!



Candy Canes

In the late 17th century, a choirmaster in Germany wanted to create a treat for children during the Christmas season. To represent the shepherds who visited the baby Jesus, he designed a hard candy in the shape of a shepherd's crook, which is why it resembles a cane. Over time, the candy cane became a popular holiday treat, spreading across Europe and eventually to America, where it remains a beloved Christmas symbol. Today, candy canes are often used for decorations and are enjoyed by families during the holiday season.

Prayer Corner

As we gather together in this season of joy and hope, we Thank You. Bless our school community—students, teachers, staff, and families. Help us to share kindness and compassion with one another, especially during this holy season. We pray for peace in our hearts and in our world. May the spirit of Christmas inspire us to serve others and spread joy. Thank You for Your many blessings. We ask for Your continued guidance and protection in the coming year.



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NDS School Lunch Program

