

# Elementary School Breakfast Menu

## December 2025

"Don't forget your greens or you won't get what you need"- Kaycee P. 4<sup>th</sup> Grade @ Holy Trinity School

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, and grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Breakfast Kit Variety</b>	<b>2</b> Trix Cereal OR <b>318</b> Cinnamon Mini Waffles 750 Apple Juice 684 Strawberry Banana Applesauce	<b>3</b> <b>323</b> Apple Cinnamon Muffin OR <b>334</b> Cinnamon Toast Crunch Cereal 752 Fruit Punch Juice 670 Fresh Fruit	<b>4</b> <b>367</b> Cinnamon Raisin Bagel OR <b>369</b> Trix Mini French Toast  National Cookie Day 753 Orange Juice 657 Strawberry Craisins	<b>5</b> <b>334</b> Cinnamon Toast Crunch Cup 748 Grape Juice 670 Fresh Fruit  Pear Day
<b>8</b> <b>365</b> Mini Cinni Caramel Pull-Apart OR <b>325</b> Cinnamon Chex Cup 747 Orange Citrus Blend Juice 689 Strawberry Applesauce	<b>9</b> <b>316</b> Maple Mini Pancakes OR <b>322</b> Blueberry Muffin 670 Fresh Fruit 752 Fruit Punch Juice	<b>10</b> <b>329</b> Honey Cheerios Cup OR <b>324</b> Cocoa Puffs Cup 753 Orange Juice 670 Fresh Fruit	<b>11</b> <b>366</b> Blueberry Bagel OR <b>321</b> Banana Muffin 748 Grape Juice 658 Cherry Craisins	<b>12</b> <b>312</b> Fruit Loops Pouch OR <b>327</b> Maple Mini Waffles 749 Apple Cherry Juice 670 Fresh Fruit
<b>15</b> <b>327</b> Maple Mini Waffles OR <b>329</b> Honey Cheerios Cup 659 Watermelon Craisins 749 Apple Cherry Juice	<b>16</b> <b>308</b> Strawberry Mini Bagel 747 Orange Citrus Blend Juice 670 Fresh Fruit	<b>17</b> <b>327</b> Maple Mini Waffles OR <b>306</b> Blueberry Chex Cereal 753 Orange Juice 670 Fresh Fruit  National Maple Syrup Day	<b>18</b> <b>369</b> Trix Mini French Toast OR <b>351</b> Cinnamon Toast Crunch Bar 752 Fruit Punch Juice 697 Bagged Sliced Apples <b>Christmas Pageant – Church 1:15 P.M. &amp; 7:00 P.M.</b>	<b>19</b> <b>325</b> Cinnamon Chex Cup OR <b>323</b> Apple Cinnamon Muffin 748 Grape Juice 670 Fresh Fruit  National Muffin Day
<b>22</b> <b>NO SCHOOL</b> <b>Christmas Break</b>	<b>23</b> <b>NO SCHOOL</b> <b>Christmas Break</b>	<b>24</b> <b>NO SCHOOL</b> <b>Christmas Eve</b>	<b>25</b> 	<b>26</b> <b>HAPPY KWANZAA</b> <b>NO SCHOOL</b> <b>Christmas Break</b>
<b>29</b> <b>NO SCHOOL</b> <b>Christmas Break</b>	<b>30</b> <b>NO SCHOOL</b> <b>Christmas Break</b>	<b>31</b>  <b>NO SCHOOL</b> <b>New Year's Eve</b>	<b>1</b>  <b>NO SCHOOL</b> <b>Happy New Year!</b>	<b>2</b> <b>NO SCHOOL</b> <b>Christmas Break</b>
<b>5</b> <b>Breakfast Kit Variety</b>	<b>6</b> <b>329</b> Honey Cheerios Cup OR <b>324</b> Cocoa Puffs Cup 670 Fresh Fruit 748 Grape Juice	<b>7</b> <b>308</b> Strawberry Mini Bagel 670 Fresh Fruit 750 Apple Juice	<b>8</b> <b>370</b> Cinnamon Toast Mini French Toast OR <b>131</b> Mango Yogurt & <b>922</b> Cinnamon Granola 752 Fruit Punch Juice 659 Watermelon Craisins	<b>9</b> <b>316</b> Maple Mini Pancakes OR <b>328</b> Chocolate Chip Muffin 670 Fresh Fruit 749 Apple Cherry Juice

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



# DECEMBER

2025



## Holiday Cheers from NDS

As the season of gratitude arrives, NDS thanks you for your support and the joy you bring. We're grateful to serve up healthy meals, share smiles, and maybe sneak in a veggie or two! Wishing you a holiday full of warmth, laughter, and delicious moments.



## Pears

December's fruit is the pear—juicy, sweet, and packed with fiber, vitamin C, and antioxidants to keep you healthy all winter long. Kids, grab your crayons and draw your favorite kind of pear—green, red, or golden—and decorate it with a festive twist!



Scan the QR to draw your own pear!



## Candy Cane Playdough

Ready to get creative this holiday season? Make your own red and white playdough, then twist it into candy cane shapes. It's a fun way to show off your sculpting skills and add a festive touch to your creations. Try experimenting with patterns, sizes, or even turning your candy canes into ornaments or desk decor!



### Ingredients:

- 1 cup all-purpose flour
- 1 tablespoon canola oil
- 1/2 cup warm water
- 1/2 cup salt
- 2-3 drops food coloring

### Instructions:

- Combine flour and salt in a medium bowl. Slowly stir in the oil, warm water, and 2-3 drops of food coloring until the mixture is well combined.
- Transfer the dough to a flat surface and let it sit for a few minutes. It may feel a bit sticky, but DO NOT add more flour. As the dough sits, the salt will absorb the extra moisture. Knead well.
- If your dough is sticky after about 5 minutes, add an additional 2 tablespoons of flour at a time until it is the perfect consistency.
- Store in a zip-lock bag or airtight container, and place in the refrigerator. If you notice the playdough getting a bit dry, you can add a few drops of water and knead that into the dough.

## Christmas Lights Scavenger Hunt

- |   |  |
|---|--|
| <input type="checkbox"/> Snowflake      | <input type="checkbox"/> Nativity Scene            |
| <input type="checkbox"/> Train          | <input type="checkbox"/> Bell                      |
| <input type="checkbox"/> Candy Cane     | <input type="checkbox"/> Snow Globe                |
| <input type="checkbox"/> Blue Lights    | <input type="checkbox"/> Polar Bear                |
| <input type="checkbox"/> Colored Lights | <input type="checkbox"/> Star                      |
| <input type="checkbox"/> Elf            | <input type="checkbox"/> Rudolph Red Nose Reindeer |

## Gratitude Corner

December is a time for cozy moments, kindness, and giving. Thank you for warm meals, twinkling lights, and people who care. Thank you for snowflakes, laughter, and the joy of sharing. Help us show love, be thankful, and spread cheer wherever we go. This season, may our hearts be full of gratitude and joy.

