
















ELEMENTARY SCHOOL BREAKFAST MENU

December 2024

"Cheer on your team and eat GREEN!"- Bella P, 7th grade @ Holy Trinity

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, and grains are whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fruit Loops Breakfast Kit	3 329 Honey Cheerios Cereal OR 334 Cinnamon Toast Crunch Cereal 748 Grape Juice 690 Apple Crisp  Giving Tuesday	4 334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 644 Dole Pear Cup National Cookie Day 	5 308 Strawberry Mini Bagel 753 Orange Juice 670 Fresh Fruit Pre-K: 345 Honey Scooters 385 Trix BK Kit 	6 136 Vanilla Yogurt & 311 Apple Jacks Pouch 749 Apple Cherry Juice 670 Fresh Fruit
9 324 Cocoa Puffs Cup 750 Apple Juice 670 Fresh Fruit	10 318 Cinnamon Mini Waffles OR 321 Banana Muffin  National Pastry Day 753 Orange Juice 670 Fresh Fruit	11 320 Corn Muffin 749 Apple Cherry Juice 670 Fresh Fruit	12 351 Cinnamon Toast Crunch Bar OR 316 Maple Mini Pancakes  Gingerbread House Day 748 Grape Juice 657 Strawberry Craisins	13 327 Maple Mini Waffles OR Trix French Toast 608 Tropical Fruit Cup 752 Fruit Punch Juice
16 136 Vanilla Yogurt & 337 Raspberry Churro 749 Apple Cherry Juice 657 Strawberry Craisins	17 334 Cinnamon Toast Crunch Cereal 753 Orange Juice 670 Fresh Fruit	18 321 Banana Muffin 654 Raspberry Lemonade Craisins 748 Grape Juice	19 322 Blueberry Muffin OR 306 Apple Baked Frudel 748 Grape Juice 670 Fresh Fruit	20 324 Cocoa Puffs Cup OR 352 Cocoa Puff Bar 750 Apple Juice 670 Fresh Fruit
23 	24 	25 	26 	27 
30 	31 	1 	2 	3 
6 382 Breakfast Kit Variety Classes Resume	7 329 Honey Cheerios Cup 749 Apple Cherry Juice 659 Watermelon Craisins	8 324 Cocoa Puffs Cup 750 Apple Juice 670 Fresh Fruit	9 312 Fruit Loops Cereal Pouch 753 Orange Juice 670 Fresh Fruit	10 364 Mini Cinni Pull-A-Part 752 Fruit Punch Juice 670 Fresh Fruit

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services
 Archdiocese of Philadelphia
 222 N 17th St, Philadelphia, PA 19103
 215-895-3470, option 1





December



Dear Parents, Caregivers, & Students,

As the holiday season approaches, NDS would like to take a moment to express our heartfelt gratitude for your support and partnership throughout the year. This time of year is all about connection, gratitude, and sharing, and NDS is thankful for the opportunity to provide students with nutritious meals.

We encourage you to celebrate the season by involving your children in meal planning and preparation, fostering a love for healthy foods.

NDS wishes you and your family a joyful holiday filled with warmth, laughter, and delicious meals. Thank you for another wonderful year!



Candy Canes

In the late 17th century, a choirmaster in Germany wanted to create a treat for children during the Christmas season. To represent the shepherds who visited the baby Jesus, he designed a hard candy in the shape of a shepherd's crook, which is why it resembles a cane. Over time, the candy cane became a popular holiday treat, spreading across Europe and eventually to America, where it remains a beloved Christmas symbol. Today, candy canes are often used for decorations and are enjoyed by families during the holiday season.

Prayer Corner

As we gather together in this season of joy and hope, we Thank You. Bless our school community—students, teachers, staff, and families. Help us to share kindness and compassion with one another, especially during this holy season. We pray for peace in our hearts and in our world. May the spirit of Christmas inspire us to serve others and spread joy. Thank You for Your many blessings. We ask for Your continued guidance and protection in the coming year.



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