



BREAKFAST



DECEMBER 2022

Saint Francis of Assisi School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.



Monday



Tuesday

Wednesday

Thursday

Friday

334 Cinnamon Toast Crunch Cereal **5**
 748 Grape Juice
 657 Strawberry Craisins

323 Apple Cinnamon Muffin OR **6**
 921 Granola &
 133 Strawberry Banana Yogurt
 752 Fruit Punch Juice
 670 Fresh Fruit

369 Pillsbury Berry Blast Mini French Toast **7**
 749 Apple Cherry Juice
 684 Mixed Berry Applesauce

322 Blueberry Muffin **8**
 323 Apple Cinnamon Muffin
 328 Chocolate Chip Muffin
 750 Apple Juice
 608 Dole Tropical Fruit Cup

324 Cocoa Puffs Cereal OR **9**
 637 Cinnamon Raisin Bagel
 753 Orange Juice
 670 Fresh Fruit

321 Banana Muffin OR **12**
 922 Granola with Cinnamon &
 134 Cherry Vanilla Yogurt
 749 Apple Cherry Juice
 670 Fresh Fruit

384 Cinnamon Toast Crunch Breakfast Kit **13**

366 Blueberry Bagel **14**
 637 Cinnamon Raisin Bagel
 752 Fruit Punch Juice
 670 Fresh Fruit

327 Pillsbury Maple Mini Waffles **15**
 753 Orange Juice
 684 Mixed Berry Applesauce

359 Honey Scooters Cereal OR **16**
 922 Granola with Cinnamon &
 134 Cherry Vanilla Yogurt
 748 Grape Juice
 670 Fresh Fruit

334 Cinnamon Toast Crunch Cereal **19**
 752 Fruit Punch Juice
 670 Fresh Fruit

368 Plain Bagel **20**
 753 Orange Juice
 645 Dole Pineapple Cup

385 Trix Cereal Breakfast Kit **21**

**Early Dismissal Day
 11:00 A.M.**

**NO SCHOOL
 Christmas Break**

**NO SCHOOL
 Christmas Break**

**NO SCHOOL
 Christmas Break
 Happy New Year!**

387 Fruit Loops Breakfast Kit **3**

325 Cinnamon Chex Cereal OR **4**
 922 Granola with Cinnamon &
 136 Vanilla Yogurt
 656 Craisins
 647 Dole Mandarin Orange Cup

323 Apple Cinnamon Muffin **5**
 752 Fruit Punch Juice
 670 Fresh Fruit

334 Cinnamon Toast Crunch Cereal **6**
 750 Apple Juice
 670 Fresh Fruit

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.