

Nutrition Corner



New Information: Please Read!



St. Francis of Assisi

September 2011

Elementary lunch is **\$1.95** per day.

Jr. High lunch is **\$2.05** per day

Reduced lunch price (if eligible) is **\$.40** per day

Breakfast is **free** for all students.



Ordering

Lunch envelopes will be sent home with every child each Monday. They are to be returned on Tuesday or Wednesday of the same week.

Please check the dates in the upper right hand corner of the envelope.

The first date is the week you are ordering for.

The second date is the DUE BACK date. Please be sure to return the envelope by that date.

Because of the NDS ordering schedule, some weeks it will be necessary for us to send more than one envelope home with each child. Please be sure to check the dates and return both envelopes at the proper time.

Please don't put one envelope inside another. If you don't have exact change put the money for both weeks in the first envelope.

Every student must have a separate envelope. We use the envelope each day as a "ticket" for lunch.

Some children do not like every meal that we serve. Please read the menu with your child and order only the meals that he/she will eat.

If we are serving something that your child doesn't eat, please don't order for that day. Remember to pack a lunch on the days you did not order.

Many families find it helpful to hang the menu on the fridge and mark the days for which breakfast or lunch have been ordered.

Checks are now accepted for lunch. Please make checks payable to SFA Lunch Program.

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The menu for breakfast and lunch can be found on the SFA website each month.

sfacatholic.org

Please contact

Mrs. Salvo at lsalvo@sfacatholic.org

if you have any questions or concerns.

Alternate Lunch

An alternate lunch entrée will be served on SOME days.

Please check the menu each week before returning the envelope. If the menu doesn't have an alternate listed, please do not mark the alternate side of the envelope. If the alternate side is marked and we aren't serving an alternate meal, your child will get the regular lunch.



Credit Slips

Credit slips are issued every two weeks. Please do not take a credit until you receive a slip.

OOPS! Your child forgot to bring a lunch

Many of you are familiar with our OOPS! policy.

If your child forgets to bring a lunch to school a cold lunch will be provided. We cannot serve a hot lunch because we only prepare enough meals for the students that ordered for the day.

An OOPS! note will be sent home to remind you to send in payment for the lunch. Please return the OOPS! note and \$2.50 the following day.

This is not meant to be used as a convenience for hectic mornings when there isn't time to pack a lunch.



Late Arrival

If a student arrives after 10:00 hot lunch will not be provided. Please be sure to send a lunch from home.

Free/Reduced Lunch

All families are asked to fill out the free/reduced lunch application. The application should be completed online at

www.compass.state.pa.us

If your child/children received free/reduced lunch during the last school year (at SFA) your status remains the same through the week of October 10.

Please complete the application before September 15 to apply for 2011/12. If the application is not completed, full price will be charged beginning the week of 10/17/10.

Families eligible for free/reduced lunch are still required to fill out and return lunch envelopes. If an envelope is not returned, hot lunch will not be ordered for your child for that week.

You are not required to order lunch every day.

If we are serving something your child doesn't eat, don't order for that day.

Remember to pack a lunch on the days you didn't order. If you don't order and forget to pack, your child will receive a cold lunch and an OOPS! note will be sent home. The price of an OOPS! lunch is \$2.50 for all students.

MILK

We offer 1% white, strawberry, chocolate and skim.

If an envelope isn't marked, chocolate will be served for the entire week.

It is impossible for the lunch staff to remember which kind of milk each student likes.

Therefore, it is the responsibility of the parent to be sure the envelope is marked when ordering.



BREAKFAST

Breakfast is free for all students at SFA. Order forms will be sent home once a month for each child. Please complete the entire form and return it on the due date. It isn't necessary to order every day. If we are offering something your child doesn't like please don't order for that day.

